

SOUTHDALE PEDIATRIC ASSOCIATES, LTD.
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“Poop Goop” Recipe for home use

Parent Information

Mix the following ingredients in a Tupperware container and apply with each diaper change or at least 3-4 times per day for 1 week.

1:1:1 ratio of each of the following:

1/3 clotrimazole cream

1/3 zinc oxide paste (Desitin or A & D) **Note: Higher % zinc oxide is better.*

1/3 Maalox or Mylanta

Your child needs to be seen if rash is worsening or if rash has open sores, rash spreads to abdomen or thighs, or if not improving after 2 days using poop goop.

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