

Medicines that affect allergy skin testing

Do not take these medications for 5 days or longer (as listed below), prior to your allergy appointment:
This is not an all-inclusive list, review all ingredients on the package or ask your doctor or pharmacist.

Antihistamines- First Generation	
Generic Name	Brand Names
Chlorpheniramine (6 days)	AHIST, Aller-Chlor, Chlo-Amine, Chlor-Allergy, Chlorphen, Histex
Clemastine (10 days)	Allerhist-1, Contact 12h Allergy, Tavist-1
Cyproheptadine (11 days)	Periactin
Dexchlorpheniramine	Polaramine
Diphenhydramine	Aller-tab, allergy sinus, Aler-Dryl, Banophren, Benadryl, children's allergy, Diphedryl, Diphen allergy, Diphenhist, Hydramine, ibuprofen PM, Sominex, Theraflu, Tylenol PM, Unisom sleep sleep gels, valu-Dryl
Hydroxyzine (8 days)	Atarax, Vistaril
Ketotifen	Zatiden
Meclizine Hcl	Antivert
Promethazine	Phenergan, Thorazine
Antihistamines- Second Generation	
Cetirizine	Zyrtec
Desloratdine	Clarinex
Fexofenadine	Allegra
Loratadine	Alavert, Claritin
Levocetirizine	Xyzal
Antihistamine Nose Sprays	
Azelastine	Astelin, Astepro, Patanase, Dymista
Antihistamine Eye Drops (Ophthalmic)	
Azelastine	Optivar
Olopatadine	Patanase, Pataday, and Patanol
Other	
Theophylline	Theo-Dur, Theolair, Slo-Bid
Ranitidine (1 day)	Zantac
Famotidine (1 day)	Pepcid
Tricyclic Antidepressants (11 days) You must ok stopping these with the doctor who prescribed them	
Amitriptyline	
Clomipramine	Anaframil
Doxepin	
Imipramine (14 days)	Tofranil
Nortriptyline	Vivactil

Benzodiazepines (7 days)

Clonazepam	Klonopin
Diazepam	Valium
Lorazepam	Ativan
Midazolam	Versed
Atypical Antidepressants/Sedatives (5 days)	
Bupropion	Wellbutrin
Eszopiclone	Lunesta
Mirtazapine (7 days)	Remeron
Quetiapine (7 days)	Seroquel
Trazodone	Oleptro
Zolpidem	Ambien

Medicines you CAN take before allergy testing:

Nasal Sprays		
Afrin	Mometasone	Oxymetazoline
Beclamethasone	Nasacort	Rhinocort
Nasal crom	Qnasl	Budesonide
Triamcinolone	Flonase	Nasonex
Veramyst	Flunisolide	Neosynephrine

Serotonin Norepinephrine Reuptake Inhibitors (SNRIs)		Selective Serotonin Reuptake Inhibitors (SSRI)	
Duloxetine		Citalopram	Celexa
Desvenlafaxine		Escitalopram	Lexapro
Milnacipran	Ixen, Savella	Fluoxetine	Prozac
Venlafaxine		Olanzapine+Fluoxetine	Symbyax
		Paroxetine	Paxil
		Sertraline	Zoloft

Other: Antibiotics, Guaifenesin/Mucinex, Phenylephrine, Pseudoephedrine/Sudafed, Singulair, Asthma Medications